



Hope24/7

10 Gillingham Dr #305, Brampton, ON L6X 5A5

(905) 792-0821

info@hope247.ca

24 HOUR HOTLINE 1.800.810.0180

Peel Region Community Resources 2023

24 Hour Crisis Lines

Assaulted Women's Helpline.....	1-866-863-0511
Caledon/Dufferin Victim Services.....	905-951-3838
ConnexOntario Health Services Information.....	1-866-531-2600
Distress Centre of Greater Toronto.....	416-408-4357 or text 45645
Family Transition Place.....	1-800-265-9178 or text 519-278-5410
Fem-aide: Francophone Women's Support Line.....	1-877-336-2433
Hope24/7 Crisis Line.....	1-800-810-0180
Embrave: Agency to End Violence.....	905-403-0864
Kids Help Phone/ Jeunesse J'écoute.....	1-800-668-6868 or text 686868
Ministry of the Attorney General Victim Support Line.....	1-800-579-2888
Peel Elder Abuse Support Program	
Brampton and Mississauga.....	905-459-7777
Caledon.....	1-877-298-5444
TTY.....	905-278-4890
Victim Services of Peel.....	905-568-1068

Shelters

Armagh (Second Stage Housing).....	905-855-0299
Family Transition Place (Orangeville).....	519-941-4357
Elizabeth Fry Society Peel Halton.....	905-459-1315
Embrave Central Intake Line.....	905-767-0257 or 1-855-676-0257
Nisa Homes.....	1-888-456-8043 Ext. 401
Our Place Peel (Youth)	
Salvation Army Family Life Resource Centre.....	905-451-4115

Subsidized Housing

Region of Peel Housing Service.....905-453-1300

Legal Services

Elizabeth Fry Society of Peel/Halton.....905-459-1315

Federal Crown (Public Prosecution Service of Canada)
(Brampton).....905-454-2424

Indus Community Services (Family Court Support)
Mississauga.....905-275-2369

Brampton.....905-450-5478

Justice of the Peace (A Grenville & William Davis Courthouse).....905-456-4700

Lawyer Referral Service.....<https://lsrs.iso.ca/lsrs/welcome>

Legal Aid Ontario.....1-800-668-8258

Mississauga Community Legal Services.....905-896-2050

North Peel & Dufferin Community Legal Services.....905-455-0160

Peel Crown Attorney's Office.....905-456-4778

Peel Family Mediation Services.....905-453-7795

Probation and Parole Services.....905-279-7600

South Asian Legal Clinic of Ontario.....416-487-6371

Financial Assistance

Ontario Works

Mississauga and Brampton.....905-793-9200

Caledon.....1-800-327-5379

Support Services for Survivors

African Community Services.....905-460-9514

Catholic Crosscultural Services

Brampton.....905-457-7740

Mississauga.....905-273-4140

Catholic Family Services of Peel-Dufferin.....905-450-1608

Elizabeth Fry Society Peel Halton.....905-459-1315

Embrave: Agency to End Violence

South.....905-403-0864

North.....905-676-8515

CSO Intake Line.....905-676-0257

Family Services of Peel.....905-453-5775

Family Transition Place.....	905-584-4357
Hope24/7.....	905-792-0821
Indus Community Services	
Mississauga Family Services.....	905-275-2369
Brampton Family Services.....	905-450-5478
Malton Neighborhood Services.....	905-677-6270
Moyo Health and Community Services.....	905-361-0523
Muslim Community Services	
Brampton North.....	905-790-1910
Brampton South.....	905-790-8482
Mississauga West.....	905-828-2001
OASIS Centre des Femmes.....	905-454-3332
Punjabi Community Health Services.....	905-677-0889
Safe Centre of Peel.....	905-450-4650
Safe City of Mississauga.....	905-615-4155
Salvation Army Women’s Counselling Centre.....	905-820-8984
Shelter Movers Greater Toronto.....	1-855-6252 Ext. 7
Roots Community Services.....	905-455-6789
Victim Services of Peel.....	905-568-1068
Vita Centre of Peel.....	905-502-7933

Medical Services

Trillium Health Partners	
Chantel’s Place.....	905-848-7580 ext. 2548
Counselling Service.....	905-848-7689

Public Health

Bramalea Community Health Centre.....	905-451-6959
East Mississauga Community Health Centre.....	905-602-4082
Indus Community Services	
Mississauga Health Services.....	905-275-2369
Brampton Health Services.....	905-275-2369
Peel Healthy Sexuality Clinics	
Central Mississauga.....	905-270-0587
Peel Public Health.....	905-799-7700
Wellfort Community Health Services.....	905-451-6959 or 905-677-9599

Children and Youth Services

Associated Youth Services of Peel.....	1-800-762-8377
Erin Mills Youth Centre.....	905-820-3577
Erinoak Kids Centre for Treatment and Development.....	905-855-2690
Lesbian Gay Bi Trans Youth.....	1-800-268-9688 or text 647-694-4275
Our Place Peel.....	905-238-1383
Peel Children's Centre.....	905-795-3500
Peel Children's Aid Society	
Office.....	905-363-6131
Toll Free.....	1-888-700-0996
Emergency after Hours Service.....	905-363-6131
Sick Kids Hospital.....	416-813-1500

Food Banks

Eden Community Food Banks.....	905-785-3651
Mississauga Food Bank.....	905-270-5589
Seva Food Bank.....	905-361-7382
The Salvation Army Food Banks (by appointment only).....	905-279-3941

Indigenous Support Services

Metis Nation of Ontario.....	1-800-263-4889 Ext. 7
Native Women's Resource Centre, Toronto.....	416-963-9963
The Indigenous Network.....	905-712-4726

Immigration, Settlement and Newcomer Support Services

Afghan Women's Organization.....	905-279-3679
Brampton Multicultural Community Centre.....	905-790-8482
Brampton.....	905-790-8482
Mississauga.....	905- 828-1328
Caledon Community Services.....	905-951-2300
Catholic Crosscultural Services	
Brampton.....	905-457-7740
Mississauga.....	905-273-4140
Centre for Education & Training	
Brampton South.....	905-457-4747
Brampton East.....	905-595-0722
Mississauga Malton.....	905-677-0007

Mississauga City Centre.....	905-949-0049
Chinese Association of Mississauga.....	905-275-8558
COSTI Immigrant Services	
Brampton Employment Services.....	905-459-8855
Mississauga Employment Services.....	905-567-0482
Dixie Bloor Neighbourhood Centre.....	1-905-629-1873
Indus Community Services	
Mississauga Newcomer Services.....	905-275-2369 Ext. 293
Brampton Newcomer Services.....	905-275-2369
Malton Neighbourhood Services	
Mississauga.....	905-677-6270
Brampton.....	905-794-7111
Muslim Community Services.....	905-790-1910
Newcomer Centre of Peel.....	905-306-0577
Palestine House Toronto.....	905-228-2727
Polycultural Immigrant and Community Services.....	905-403-8860
The Cross-Cultural Community Services Association.....	905-615-9500
Vietnamese Community Centre of Mississauga.....	905-891-3825

Quick References

Resource	Description	Contact Information
Afghan Women's Organization	Provides settlement and integration services to all newcomers, with a special focus on women, their families, refugees and people who have experienced war and persecution.	150 Consumers Road #203, North York, Ontario, M2J 1P9 AWO has multiple locations, please call to confirm which location best suits your need 416-588-3585
African Community Services	Serves the settlement and integration needs of	10 Gillingham Drive, Suite 308, Brampton,

	<p>newcomers, immigrants, refugees, women, youth, seniors, and children from the Black/African community.</p> <p>Programs include newcomer settlement programs, youth development programs, programs for women, children and families, seniors' support programs, community wellness, and development program, and volunteer development programs</p>	<p>ON, L6X 5A5</p> <p>905-460-9514</p> <p>info@africancommunityservices.com</p>
<p>Brampton Multicultural Community Centre</p>	<p>Serves and works with newcomers to facilitate their settlement and integration into Canada</p> <p>Services include settlement, educational, health, employment, youth and seniors</p>	<p>197 Country Court Blvd, Suite 303, Brampton, ON, L6W 4P6</p> <p>BMCC has multiple locations, please call to confirm which location best suits your need</p> <p>905-790-8482</p>
<p>Caledon Community Services</p>	<p>Provides services for health, job and life for residents of every age across Caledon.</p>	<p>Royal Courtyards, Upper Level 18 King Street East Bolton, ON L7E 1E8</p> <p>905-584-2300</p>

		info@ccs4u.org
Catholic Crosscultural Services	Delivers programs and services aimed to empower immigrants and refugees navigate the labour market, school and health care system.	55 Town Centre Court, Suite 401, Scarborough M1P 4X4 416-757-7010
Catholic Family Services of Peel-Dufferin	Counseling agency which serves individuals, couples, and families who live or work in the Regions of Peel and Dufferin. They offer support to the entire community, regardless of people's faiths and backgrounds.	60 West Drive, Suite 201, Brampton, ON, L6T 3T6 CFSPD has multiple locations, please call to confirm which location best suits your need (905) 450-1608 info@cfspd.com
Chinese Association of Mississauga	Providing education, employment, settlement, counseling and other support services for immigrants and refugees in need. Also offer services to Brampton, Oakville, and Etobicoke	1177 Central Pkwy W Unit 16, Mississauga, ON L5C 4P3 (905)275-8558 Info@ChineseAssociationMississauga.com
COSTI Immigration Services	A community-based multicultural agency providing employment, educational, settlement and social services to all immigrant communities, new Canadians and	10 Gillingham Drive, Suite 109A, Brampton, ON COSTI has multiple locations, please call to confirm which location best suits your need

	individuals in need of assistance.	905-451-7147 info@costi.org
CSO Intake Line	Offers community programs, crisis stabilization, mental health and recovery, housing and homelessness, and family support services	8 Atwood Drive, Suite 301, Northampton, MA 01060 413-773-1314 info@csoinc.org
Dixie Bloor Neighbourhood Centre	Offer educational, employment, family and community services. Offer programs and services for newcomers, families, youth, children, seniors, job seekers, and the community	3650 Dixie Road, Suite 103, Mississauga, Ontario, L4Y 3V9 905-629-1873 905-629-0791 info@dixiebloor.ca
Elizabeth Fry Society Peel Halton	Empower women and girls through a trauma informed, inclusive, and gender responsive lens. The client-focused approach strengthens emotional, cultural and social well-being, through prevention, support, reintegration and advocacy.	44 Peel Centre Drive, Suite 200 Brampton, ON L6T 4B5 905-459-1315 efry@efrypeelhalton.ca
Embrace: Agency to End Violence	This is a anti-violence organization providing shelter, counselling and advocacy supports for women, Two-Spirit,	Contact them for Locations (905) 403-9691 info@embrace.ca

	genderqueer, trans and non-binary folks and their children experiencing any form of violence in the Region of Peel and beyond.	
Family Services of Peel	Offers services on human trafficking, trauma specific services, counselling, families and schools, employment, men's program, adults with developmental disabilities	5975 Whittle Road, Suite 300, Mississauga, ON L4Z 3N1 905-270-2250 Intake: 905-453-5775 TTY: 905-270-7357 fsp@fspeel.org
Family Transition Place	Provides services to women and children who have experienced abuse through supporting with shelter, counselling, community initiatives, outreach	20 Bredin Pkwy, Orangeville, ON, L9W 4Z9 519-941-4357 905-584-4357 1-800-265-9178 support@familytransitionplace.ca
Hope24/7: The Designated Sexual Assault Centre of the Region of Peel	Offers psychotherapy services for all persons 12 years and older who have been impacted by relationship and sexual violence Community Support & Outreach Third-Party Reporting	10 Gillingham Drive #305, Brampton, ON L6X 5A5 905-792-0821 Crisis Line: 1-800-810-0810 info@hope247.ca

<p>Indus Community Services</p>	<p>Provides support services to newcomers, families, women, and seniors.</p> <p>Newcomer Services</p> <p>Employment Services</p> <p>English Language Training</p> <p>Care for Newcomer Children</p> <p>And more....</p>	<p>3038 Hurontario Street, Suite 206, Mississauga, ON, L5B 3B9</p> <p>Indus has multiple locations, please call to confirm which location best suits your need</p> <p>905-275-2369</p> <p>info@induscs.ca</p>
<p>Malton Neighbourhood Services</p>	<p>Offers services and programs to newcomers, families, youth, and the community.</p> <p>Offer settlement, educational, employment, and early on services.</p>	<p>3540 Morning Star Dr. Mississauga, ON, L4T 1Y2</p> <p>905-677-6270</p> <p>info@mnsinfo.org</p>
<p>Moyo Health and Community Services</p>	<p>Support people living with or facing systemic risk of contracting HIV through direct service and community capacity building.</p>	<p>7700 Hurontario St #601, Brampton, ON L6Y 4M3</p> <p>(905) 361-0523</p>
<p>Muslim Community Services</p>	<p>Offers in English, French including family support and seniors. Services include crisis intervention, emotional and supportive</p>	<p>Muslim Community Services has multiple locations, please call to confirm which location best suits your need</p> <p>905-790-1910</p>

	<p>counselling, safety planning, transitional support, developing short and long-term goals, educational support groups for women, advocacy and assistance with legal issues and referrals to community resources</p>	<p>info@mcsservices.org</p>
<p>Newcomer Centre of Peel</p>	<p>Offer settlement, educational, employment, and skills and training services to newcomers. Multiple different programs for women, youth, and seniors.</p>	<p>165 Dundas Street West, Suite 116 Mississauga, Ontario L5B 2N6, Canada</p> <p>info@ncpeel.ca</p> <p>(905) 306 0577</p>
<p>OASIS Centre des Femmes</p>	<p>Dedicated to providing services to Francophone women (16 years and up) who have experienced or are experiencing domestic violence and/or sexual assault.</p> <p>Services include: Individual and group counselling, transitional and housing support, family court support, prevention, awareness and education activities, advocacy</p>	<p>Brampton Office 150 Main Street, Brampton, ON, L6V 1M0</p> <p>905-454-3332</p> <p>Toronto Office 465 Yonge Street, Toronto, ON, M4Y 2W5</p> <p>416-591-6565</p> <p>services@oasisfemmes.org</p>

<p>Palestine House Toronto</p>	<p>Provide help to Palestinian and non-Palestinian newcomers, immigrants, and refugees starting a new life in Canada. Provide information, referrals, activities, learning workshops, and support to the Arab Community.</p>	<p>2359 Royal Windsor Dr, Mississauga, ON L5J 1K7</p> <p>647-228-2727</p> <p>palestinehousetoronto.ca@gmail.com</p>
<p>Polycultural Immigrant and Community Services</p>	<p>Provides employment, newcomers, seniors, language, youth & children and specialized mental and physical health services</p>	<p>Polycultural Immigrant and Community Services has multiple locations, please call to confirm which location best suits your need</p> <p>17 Four Seasons Place, Suite 102, Toronto, ON M9B 6E6</p> <p>1.844.493.5839</p> <p>info@polycultural.org</p>
<p>Punjabi Community Health Services</p>	<p>Provides health, settlement and social services to diverse communities in Greater Toronto Area. PCHS offers mental and addictions, geriatric, settlement, child, youth and family services.</p>	<p>Punjabi Community Health Services has multiple locations, please call to confirm which location best suits your need</p> <p>905-677-0889</p> <p>info@pchs4u.com</p>
<p>Roots Community Services</p>	<p>Offers Black, African and Caribbean Canadians</p>	<p>Brampton Location: 36 Queen Street East,</p>

	<p>programs geared toward children aged 6 years to seniors.</p>	<p>Goodison Building, Lower Level, Brampton, ON L6V 1A2</p> <p>Mississauga Location:</p> <p>2227 South Millway, Suite 202, Mississauga, Ontario L5L 3R6</p> <p>1-905-455-6789</p> <p>office@rootscs.org</p>
Safe Centre of Peel	<p>Offer support and compassionate care to families affected by Intimate Partner Violence in the Region of Peel.</p>	<p>60 West Drive, Suite 110, Brampton, ON, L67 3T6</p> <p>905-450-4650</p> <p>scop@cfspd.com</p>
Safe City of Mississauga	<p>Provide resources, staff, professional community leadership and guidance for crime prevention programs and activities; encourage crime prevention education within the public, private and voluntary sectors; and research, develop and implement new community crime prevention programs and activities</p>	<p>300 City Centre Drive Mississauga, ON L5B 3C9</p> <p>905-615-4155</p> <p>info@safecitymississauga.on.ca</p>
The Cross-Cultural Community Services Association	<p>Assists newcomers to settle and integrate into the Canadian society</p>	<p>TCCSA has multiple locations, please call to confirm which location best suits your need</p>

		<p>416-977-4026</p> <p>905-948-1671</p> <p>905-615-9500</p> <p>info@tccsa.org</p>
Victim Services of Peel	Provides immediate crisis response, intervention and prevention services which are responsive to the needs of individuals, families and communities affected by crime and sudden tragedies.	<p>40 College St., Toronto, Ontario M5G 2J3</p> <p>416-808-7066</p> <p>info@victimservicestoronto.com</p>
Vietnamese Community Centre of Mississauga	Programs to help newcomers become established; cultural and social activities for the Vietnamese community	<p>600 Lakeshore Road E, Unit 2-6, Mississauga ON, L5G 1J4</p> <p>906-891-3825</p> <p>vccm2021mississauga@gmail.com</p>
Vita Centre of Peel	Provide support, education and counselling to vulnerable families, including pregnant and parenting youth, with the goal of empowering them to move forward and thrive	<p>5659 McAdam Rd, Unit C2, Mississauga, Ontario L4N 1N9</p> <p>905-502-7933</p> <p>info@vitacentre.org</p>